



**THRESHHold®**  
**HILLCREST**  
**MARATHON**

# HILLCREST MARATHON

**9 February**  
**2020**

21.1k  
 42.2k

#whatthehill

**EARLY BIRD ENTRY FEES BY**  
**26 JANUARY 2020:**  
 42.2 km R270 - 21.1km R200

**ENTRY FEES BY 2 FEBRUARY 2020:**  
 42.2 km R300 - 21.1km R230

Notwithstanding the above dates, entries will be closed earlier if entry cap of 3,000 is reached.

Temp. Licence R50

ChampionChip purchase R150/Event rental R50.

Cash must accompany manual entry

Drop at: Sportsmans Warehouse - Watercrest

The Durban Runner - Glenwood

Sportsmans Warehouse - Pavillion

Poobie Naidoo Sports - Pietermaritzburg

S.T.S. Sport - Moses Mabhida Stadium

**PRE ENTRY ONLY! - NO LATE ENTRIES**

Online entries close midnight 2 February 2020

Enter Online at: [www.hillcrestvillagers.co.za](http://www.hillcrestvillagers.co.za)  
 or [www.championchip.co.za](http://www.championchip.co.za)

Umjaho awungenelwa ngelanga lomjaho  
 kuyavalwa ngomhlaka 2 February 2020



KWAZULU-NATAL ATHLETICS



TWO OCEANS  
 MARATHON



T shirts to all entrants. Medals to all finishers within cut off times. Shirt sizes subject to availability.

**NO CHIP=NO RESULT AND NO PRIZES**

# THRESHHold® HILLCREST MARATHON 2020 ENTRY FORM

## PERSONAL DETAILS

FIRST NAMES   
 SURNAME   
 DATE OF BIRTH         AGE   GENDER  M  F   
 ID NUMBER            
 Or Passport /Permanent Residence No.

## RUNNING DETAILS

CLUB (in full)   
 LICENCE NUMBER  PROVINCE   
(Leave blank for temp)  
 CHAMPIONCHIP NUMBER

## CONTACT DETAILS

EMAIL ADDRESS   
 CELLPHONE NUMBER

## EVENT SELECTION

EARLY BIRD ENTRY  21.1 km EVENT R200   
(by 26 January '20 only)  
 42.2 km EVENT R270  NORMAL ENTRY  21.1 km EVENT R230   
 27 JAN '20 - 2 FEB '20 42.2 km EVENT R300   
 RUNNER  WALKER (21.1 km ONLY)   
 AGE CATEGORY  TEMP LICENCE R50   
 CHAMPIONCHIP PURCHASE R150  CHAMPIONCHIP EVENT RENTAL R50   
 TOTAL AMOUNT PAYABLE R

## INDEMNITY

I am medically fit to compete and fully understand that I enter at my own risk and the organisers and their sponsors will not be held responsible for any loss or injury during or as a result of the event. I agree to comply with the rules of the IAAF, Athletics South Africa and KwaZulu-Natal Athletics for my participation in this event.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

## LITTER ZONES WILL BE ENFORCED AT ALL WATER TABLES

### RACE RULES AND INFORMATION

**ROUTE:** The event is over a 21.1 km circular course through Hillcrest and Winston Park. The marathon runners complete 2 laps. There will be 7 refreshment tables along each lap.

**TIME OF EVENTS:** Runners: 42.2km: 05:00 (6hr cut-off) Runners / Walkers: 21.1km: 05:00 (3hr 30min cut-off)

**OFFICIAL TIMING:** The race will be timed by ChampionChip. All entrants who do not own their own ChampionChip must purchase or rent one from ChampionChip. The ChampionChip must be registered in the runner's name and NOT belong to someone else. Wearing someone else's ChampionChip will lead to disqualification.

**NO CHIP=NO RESULT AND NO PRIZES.**

**NOTE 1:** No Athlete will be permitted to start the second lap after 3 hours running time.

**NOTE 2:** Any Athlete who has not reached the 37km mark (5km to go) by 10am must withdraw from the event and will be transported to the finish as Ethekwini Metro Police will be re-opening the road to normal traffic at that time.

**NOTE 3:** The Marathon is a Comrades and Two Oceans Qualifier. ChampionChip will automatically submit entrant's results to Comrades – individual entrant's responsibility to confirm.

**NOTE 4:** Temporary Licences valid for 21.1km & 42.2km's. ASA Rule 25.5.15: Temporary licenced athletes are not covered by a national insurance policy.

**NOTE 5:** Prize giving will take place at 8.30am for 21.1km and 10.30am for 42.2km and proof of age will be required for age category prizes.

**NOTE 6:** Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with IAAF and ASA Rule 25.5.13.

**NOTE 7:** Marathon entrants may finish only the half-marathon if desired but will not qualify for half-marathon prizes.

Half-marathon entrants may not complete a second lap to complete the marathon.

**NOTE 8:** No pacing or personal seconding will be permitted in this event.

**NOTE 9:** Foreign Athletes must abide by IAAF Rules 4.2, 22.1 and 142, as well as ASA Rule 9.

**NOTE 10:** Marshalls, traffic officials and technical officials must be obeyed by athletes.

**START AND FINISH:** The events will start at the corner Hospital/Old Main Rd Hillcrest - see website for map - www.hillcrestvillagers.co.za. The events will finish at the Hillcrest Villagers Club, 5 Crooked Lane, Hillcrest. Tog bag facilities will be provided at owner's risk.

**ENTRIES:** This is a PRE-ENTRY EVENT ONLY. Absolutely no late entries will be permitted.

Race Number Collection takes place on Saturday 8 February 2020 from 10am to 5pm, and Sunday 9 February 2020 from 3.30am to 4.30am (no exceptions) at Hillcrest Villagers Club. NB: Road Closure from 4:30am on Race Day. Minimum age on race day is 16 years for 21.1km and 20 years for 42.2km

Entry fees are not refundable for any reason whatsoever including cancellation of the event. Entries are NOT transferable to other athletes. No substitutions permitted.

Free entry to those who are 70 years of age or older. (ChampionChip and temporary licence fees still apply).

**DRESS RULES:** Club colours must be worn by licenced athletes.

Race numbers must be worn on the front of your vest / crop top

Provincial licence must be worn front and back. Temporary licence must be worn on the front of your vest or crop top.

New ASA/KZNA Age Category (60mm to 80mm) & "W" Walker Tags to be worn on front & back of vest and must be clearly visible in order to qualify for category prizes.

ASA rule 22: Junior Athletes (19 years or younger on 31st December 2020) must wear a "J" on the upper front and back of vest or crop top in order to be eligible for prizes and must provide proof of age on race day.

All temporary licenced entrants to wear neutral colours and to adhere to IAAF and ASA rules.

Athletes may NOT replace ASA licence numbers with race numbers under any circumstances. The race number must be placed so that the ASA licence sponsor and the ASA Province/Year remains visible above the race number. The licence numerals may be covered. Athletes who fail to adhere to this rule may be disqualified - refer to ASA Rule 26.1.7.

**ENQUIRIES: PHONE 061 473 2334 DURING BUSINESS HOURS OR E-MAIL secretary@hillcrestvillagers.co.za**

## Be an Eco-Aware Athlete

**How can you do your part? It's easy! Hold onto those sachets and cups and dispose of them along with any other litter you may have in the bins provided.**

*IAAF Rule 28.4 Littering shall be further categorized as intentional and unintentional littering. Both can apply anywhere. ASA Rule 28.5 makes provision for a Race Referee to warn an athlete by showing a yellow card and exclusion by showing a red card.*

### PRIZE MONEY - MALE AND FEMALE

Category		21.1km	42.2km
Open	1st	R1200	R2750
	2nd	R850	R1900
	3rd	R550	R1100
35-39	1st	R650	R800
	2nd	R450	R650
	3rd		R500
40-49	1st	R650	R800
	2nd	R450	R650
	3rd		R500
50-59	1st	R650	R800
	2nd	R450	R650
	3rd		R500
60-69	1st	R650	R800
	2nd	R450	R650
	3rd		R500
70 yrs +	1st	R650	R800
	2nd	R450	
Junior	1st	R650	Not Permitted
	2nd	R450	
Walkers	1st	R650	Not Permitted
	2nd	R450	