



Hillcrest Villagers

July 2025

Newsletter

Club Website

www.hillcrestvillagers.co.za

Facebook

<https://www.facebook.com/groups/76475150101>

Email

secretary@hillcrestvillagers.co.za

Your Committee**Chairman**

Steve Bure
082 442 3248

Vice Chairman

Rupert Sebire
082 334 0171

Secretary

Julyette Lewis
082 468 4144

Treasurer

Mike Bradley
082 614 9459

Ladies Captain

Adi Weerheim
082 411 1646

Ladies Vice Captain

Jayde Twiddy
083 235 4100

Mens Captain

Dave Campbell-Hall
082 563 9515

Mens Vice Captain

Luke Plotts
076 328 3455

Banking Details

Hillcrest Villagers
Standard Bank
Hillcrest
a/c: 052017230

Dear Villagers,

As we move through the second half of the year, it's heartening to see the continued momentum, energy, and unity within our club.

We kicked off July with our Annual General Meeting, which was a great success. It was a chance to reflect on a truly phenomenal year for Hillcrest Villagers, and to celebrate the many achievements and milestones we've shared as a club. We also bid a heartfelt farewell to Julyette, who has served on the committee with unwavering dedication for 15 years. Her contribution to the club has been immense and deeply appreciated. While no one can replace her, we're pleased to have Debbie back on the team, supported by Christine in her new role as club administrator. Together, they'll continue to uphold the strong foundation Julyette helped build.

We also officially welcomed Mzandile Ziqubu as our Development Runners Captain – a new role that ensures every member, no matter their background or ability, has a voice within our club. We're proud to keep growing inclusively.

A big shoutout to Adi for leading another successful Couch to 10km program. It's always inspiring to watch new runners cross their first 10km finish line and step confidently into the running community.

Our 21km PB Program is well underway and while the turnout has been modest, the group has shown incredible commitment and progress. Each runner has grown stronger and fitter, and we're excited to see some fantastic results at SAPS 21km in just a few weeks.

We've also seen some brilliant performances from our long-distance athletes. Congratulations to Mark Thom on completing his first-ever 100 miler at the Washie, finishing in an incredible time of under 20 hours. An equally big congratulations to Alson Nzama on running his 7th Collegians Longest Day and taking 1st place in his category – an amazing display of endurance and experience.

The Forest Hills 10km, our first club-catered race for the season, was a fantastic success with strong turnout and standout performances. Fikinkosi Zondi took 1st place overall, Erica McDonald claimed victory in the 60+ category, and our talented junior Anele Bhavini finished as the 1st Junior – a great sign of things to come from our next generation.

To top it off, 25 Villagers proudly represented the club at the KZN Cross Country Championships, facing fierce competition. Congratulations to Amber Eglington, Andie Swan, Bailey Swan, Haley Mackinnon, Christine Dlamini, Zack Bure, and Matthew Waering, who have all qualified for the KZN team and will be heading to SA Champs in Middelburg on 6 September. What an achievement – we'll be cheering you all on!

To all our new members, welcome! If you're still figuring out which group to run with or need any help settling in, please don't hesitate to reach out to any of the committee members. We're here to help you feel at home.

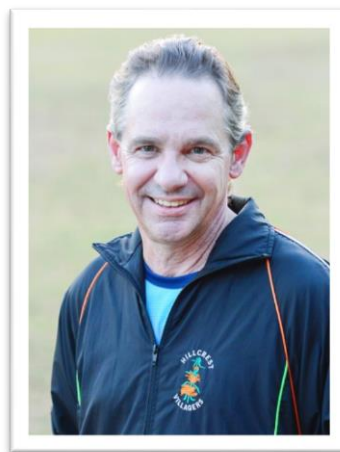
See you on the road,

Steve Bure

Chairman – Hillcrest Villagers Athletics Club



Steve Bure Chairman



Rupert Sebire Vice Chairman

CONGRATS

Fikinkosi Zondi

Overall Winner Forest 10



Derek Wasserfall honoured at

Forest 10



HAPPY BIRTHDAY

Africa	Dlamini	01-Aug
Byron	Smith	01-Aug
Silvia	Burton	02-Aug
Raphael	Mandikutse	03-Aug
Zack	Bure	05-Aug
Promise	Shezi	05-Aug
Robert	Dlamini	06-Aug
Mandla	Nxele	10-Aug
Hayley	Hooper	13-Aug
Peter	Thembane	13-Aug
Gary	Ainsworth	15-Aug
Lynn	Sharp	17-Aug
Simo	Mathye	19-Aug

Delyse	Grenfell	20-Aug
Konrad	Thom	20-Aug
Aidan	Venter	20-Aug
Darren	Bezuidenhout	21-Aug
Chelseay	Markow	22-Aug
Sheldon	Balie	24-Aug
Ryan	Botha	24-Aug
Ray	Hair	26-Aug
Jenny	Burgess	27-Aug
Mduduze	Madlala	28-Aug
Deanne	Steytler	29-Aug
Renee	Swan	30-Aug

KZN TRAIL RUNNING

17-Aug Sun	Umgeni River Run	6k, 12k, 23k,36k,50k,75k	Howick
24-Aug Sun	Rocky Bay -	6k, 12k, 19k	Rocky Bay, Scottburgh
31-Aug Sun	Eston	5k, 10k, 20k,	Eston
Enter on www.kzntrailrunning.co.za			
03-Aug Sun	Illovo Eston Trail	9k, 18k	Eston

UPCOMING

SATURDAY	2 AUGUST 2025	Crusaders Beer Mile
SATURDAY	2 AUGUST 2025	Longest Day
SUNDAY	3 AUGUST 2025	Illovo Eston Trail
SUNDAY	3 AUGUST 2025	TotalsportsWomens Race
TUESDAY	5 AUGUST 2025	Ladies League Kearsney
SATURDAY	9 AUGUST 2025	Womens Day Run Hillcrest Villagers
SATURDAY	9 AUGUST 2025	Sisonke Challenge
SATURDAY	9 AUGUST 2025	Ntabamoya Trail
SAT/SUNDAY	9/10 AUGUST 2025	Wild Run Westown
SUNDAY	10 AUGUST 2025	Mathews Meyiwa Half Marathon
SUNDAY	17 AUGUST 2025	Sunrise Run
THURSDAY	21 AUGUST 2025	Mixed League Chillies
SUNDAY	24 AUGUST 2025	Eye Can Walk
SUNDAY	24 AUGUST 2025	Capital Climb
SATURDAY	30 AUGUST 2025	Hollywoodbets



LADIES LEAGUE AT HILLCREST VILLAGERS



COUCH TO TEN AT FOREST10

ADVICE AND HELP FOR MEMBERS

Please do not feel shy to ask for some advice or help.

You are welcome to contact one of the following Committee members who will only be too happy to assist you:



LADIES CAPTAIN

Adi Weerheim
082 411 1646



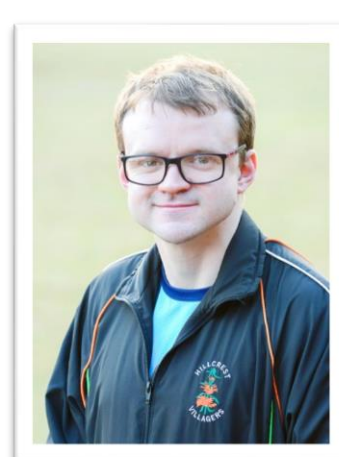
MENS CAPTAIN

Dave Campbell-Hall
082 563 9515



LADIES V/CAPTAIN

Jayde Twiddy
0832354100



MENS VCAPTAIN

Luke Plotts
0763283455

A promotional poster for the Capital City Marathon 2026. The background is a blue-tinted photograph of a group of runners participating in a marathon. Overlaid on this is a large green and white geometric shape. Inside the white part of this shape is the Capital City logo, which features a stylized building with a clock tower and the year 1838, surrounded by a laurel wreath. Below the logo, the text 'Capital City MARATHON' is written. To the right of the logo, the year '2026' is displayed in large, white, stylized digits. Further to the right, the race distances '42.2KM', '21.1KM', '10KM', and '5KM' are listed in white text. At the bottom of the poster, the text 'ENTRIES OPEN SOON!' is written in large, bold, blue capital letters. Below this, the website 'www.capitalcity42.co.za' and the hashtag '#RunTheCapitalCity' are displayed in a smaller blue font.


Capital City
MARATHON

2026

42.2KM
21.1KM
10KM
5KM

**ENTRIES OPEN
SOON!**

www.capitalcity42.co.za

#RunTheCapitalCity

Women's DAY RUN

**SATURDAY
9th AUGUST**

**5.30am Start
Hillcrest Villagers**



10 and 15km Routes

Bubbles
for ladies at the finish!



AGM AT HILLCREST VILLAGERS



RESULTS

PLEASE NOTE YOU NEED TO WEAR AGE CATEGORY TAGS FOR ALL RACES

HILLCREST VILLAGERS ON YOUR ENTRIES (NOT HVAC)

W - Walkers

J - Juniors

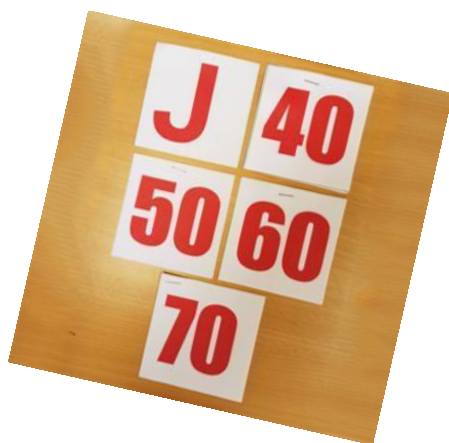
35 – 39

40 – 49

50 – 59

60 – 69

70 – 79



SA Mens Run 6 July 2025

10

18	0:31:55	3:11	Fikinkosi	Zondi	6458	Male	1741	30	Senior
44	0:36:14	3:37	Andrew	Chapman	6800	Male	1739	42	40-49
							P		
217	1:07:32	6:45	Khulani	Dladla	6716	Male	1624	39	35-39

ABSA Run your City Durban 13 July 2025

10

3073	Ursula Herbert	W50-59	53:22:00	142	10
5216	Gail Davidson	W50-59	1:01:39	474	50
6178	Roland Hansen	M50-59	1:03:07	1930	248
4952	Jennifer Stephens	W50-59	1:03:54	581	68
9450	Wynand Laubscher	M35-39	1:06:25	2165	421
5297	Marianne Potter	W50-59	1:07:30	829	104
5073	Gail Laatz	W40-49	1:08:29	910	238
6407	Jayd Twiddy	W20-34	1:10:43	1089	401
	Nokuthula Debbie				
6874	Vilakazi	W40-49	1:11:07	1121	301

12705	Vauneen Douthwaite	W60-69	1:11:29	1142	27
7345	Sixstus Mthethwa	M40-49	1:13:01	2575	737
7183	Sarah Arnott	W35-39	1:13:18	1272	242
6725	Jesse Malton	W20-34	1:13:18	1273	461
4958	Christine Raulstone	W40-49	1:16:30	1559	436
5451	Theo Grundlingh	M60-69	1:24:03	3079	136
9479	Julyette Lewis	W70	1:29:36	2709	8
9480	Graham Lewis	M70	1:29:37	3253	24
11325	Nonduduzo Ngidi	W20-34	1:34:54	3199	1107

Forest 10 27 July 2025

10

1	0:31:34	3:09	Fikinkosi	Zondi	121	Male	1698	31	Senior
8	0:34:28	3:26	Jonathan	Edwards	13791	Male	14333	49	40-49
20	0:37:44	3:46	Brendon	Hlanguza	13933	Male	P1646	26	Senior
40	0:40:32	4:03	Derek	Wasserfall	13941	Male	1779	45	40-49
			Jabulani						
45	0:41:23	4:08	Edward	Sisila	13400	Male	14324	45	40-49
75	0:44:38	4:27	Steve	Bure	6409	Male	1602	38	35-39
77	0:44:38	4:27	Campbell	Nel	14024	Male	1712	50	50-59
90	0:45:20	4:32	Rupert	Sebire	402	Male	1769	55	50-59
108	0:47:00	4:42	Richard	Bence	13668	Male	1629	34	Senior
115	0:47:16	4:43	Mandy	Springer	13130	Female	P1753	37	35-39
121	0:47:42	4:46	Luke	Plotts	13776	Male	1614	29	Senior
				Von					
139	0:48:29	4:50	Jenna	Mollendorff	13633	Female	1684	41	40-49
164	0:49:35	4:57	Isabella	Patterson	13942	Female	J41121	17	Junior
175	0:49:55	4:59	Terence	Sharp	55	Male	1623	60	60+
			Nhlakkanipho						
178	0:50:05	5:00	Kwazi	Mthembu	14064	Male	1761	39	35-39
182	0:50:14	5:01	Scott	Van Staden	14022	Male	1715	44	40-49
183	0:50:14	5:01	Kylie	Van Staden	14023	Female	1714	39	35-39
186	0:50:25	5:02	Peter	Lamplough	13870	Male	14313	45	40-49
192	0:50:31	5:03	Alan	Lamplough	13834	Male	1636	50	50-59
194	0:50:33	5:03	Hayley	Mackinnon	13808	Female	1751	52	50-59
200	0:50:42	5:04	Liam	Asquith	46	Male	J40330	17	Junior
214	0:51:04	5:06	Isabella	Ambrosio	395	Female	J41612	15	Junior
215	0:51:05	5:06	Madison	Head	107	Female	J41606	14	Junior
229	0:51:43	5:10	Andrew	Asquith	45	Male	P1612	53	50-59
230	0:51:47	5:10	Jo	Doyle	13331	Female	1615	44	40-49
232	0:51:50	5:11	Jenna	Staples	13213	Female	1662	39	35-39
243	0:52:03	5:12	Glenn	Staples	13330	Male	1661	50	50-59
291	0:53:30	5:21	Erica	Mcdonald	13234	Female	1762	63	60+
297	0:53:37	5:21	Stacey	Bezuidenhout	13952	Female	14344	37	35-39

298	0:53:41	5:22	Darren	Bezuidenhout	13951	Male	14345	40	40-49
352	0:55:03	5:30	Melanie	Horwood	13634	Female	1764	43	40-49
364	0:55:33	5:33	Ursula	Herbert	235	Female	1699	57	50-59
398	0:56:46	5:40	Roxanne	De Kock	14071	Female	J40335	17	Junior
424	0:57:26	5:44	David	Campbell-hall	13182	Male	14341	43	40-49
452	0:58:15	5:49	Christelle	Mitchell	4281	Female	1740	40	40-49
453	0:58:15	5:49	Alison	Baker	4096	Female	1774	48	40-49
471	0:58:31	5:51	Fiona	Braithwaite	13730	Female	1779	46	40-49
478	0:58:47	5:52	Debbie	Eglington	14012	Female	1668	48	40-49
496	0:59:13	5:55	Niki	Marusich	95	Female	P1768	40	40-49
565	1:00:59	6:05	Jenna	Van Zyl	14132	Female	1738	40	40-49
566	1:01:00	6:06	Adrienne	Weerheim	13181	Female	1779	48	40-49
569	1:01:01	6:06	Mike	Saxby	14122	Male	1763	59	50-59
587	1:01:24	6:08	Gail	Davidson	13441	Female	14327	50	50-59
588	1:01:25	6:08	Gareth	Morgan	14077	Male	1916	43	40-49
601	1:01:45	6:10	Samantha	Cheesman	223	Female	1640	44	40-49
646	1:03:25	6:20	Bekithemba	Hwalima	13665	Male	P1745	51	50-59
667	1:03:55	6:23	Lynn	Sharp	54	Female	1622	53	50-59
682	1:04:17	6:25	Paul	Hepworth	48	Male	1653	71	60+
694	1:04:46	6:28	Lindi	Butterfield	13149	Female	1703	43	40-49
742	1:06:03	6:36	Lu-ann	Bure	399	Female	P1603	43	40-49
791	1:07:40	6:46	John	Wasserfall	14115	Male	1628	72	60+
808	1:08:20	6:50	Kathy	Baxter	13257	Female	1616	65	60+
841	1:09:21	6:56	Melanie	Jones	13659	Female	14339	48	40-49
880	1:10:38	7:03	Jannie	Horn	13866	Male	P1780	35	35-39
883	1:10:40	7:04	Chantal	Robertson	13715	Female	14330	52	50-59
885	1:10:41	7:04	Wynand	Laubscher	13184	Male	P1641	37	35-39
926	1:12:31	7:15	Sarah	Arnott	13115	Female	P1642	38	35-39
965	1:14:27	7:26	Brien	Francis	13179	Male	1620	54	50-59
998	1:15:58	7:35	Jesse	Malton	13250	Female	1704	29	Senior
1003	1:16:04	7:36	Steven	Stewart	13169	Male	1770	43	40-49
1011	1:17:04	7:42	Gail	Laatz	43	Female	1718	48	40-49
1012	1:17:07	7:42	Marianne	Potter	29	Female	14329	58	50-59
1014	1:17:16	7:43	Jayd	Twiddy	13613	Female	1611	33	Senior
1038	1:18:37	7:51	Peter	Thembane	13160	Male	1778	46	40-49
1039	1:18:39	7:51	Christine	Raulstone	269	Female	1799	49	40-49
1083	1:21:39	8:09	Delyse	Grenfell	215	Female	1688	62	60+
1144	1:26:10	8:37	Julyette	Lewis	122	Female	1771	74	60+
1146	1:26:11	8:37	Graham	Lewis	123	Male	1800	72	60+
1194	1:31:11	9:07	Sheldon	Balie	14033	Male	1696	49	40-49
1231	1:37:44	9:46	Nonduduzo	Ngidi	13549	Female	P1789	34	Senior
1249	1:40:48	10:04	Dhudhuzile	Hwalima	13666	Female	P1746	43	40-49

10 walk

8	1:14:27	7:26	Mandy	Stow	13048	Female	P1654	63	60+
10	1:19:24	7:56	Liz	Chelin	13058	Female	P 17722	69	60+
36	1:31:09	9:06	Cyndy	Mckeown	13002	Female	1608	78	60+

