



Hillcrest Villagers

September 2025

Newsletter

Club Website

www.hillcrestvillagers.co.za

Facebook

<https://www.facebook.com/groups/76475150101>

Email

secretary@hillcrestvillagers.co.za
Your Committee

Chairman

Steve Bure
082 442 3248

Vice Chairman

Rupert Sebire
082 334 0171

Secretary

Debbie Eglington
083 449 9766

Treasurer

Mike Bradley
082 614 9459

Ladies Captain

Adi Weerheim
082 411 1646

Ladies Vice Captain

Jayde Twiddy
083 235 4100

Mens Captain

Dave Campbell-Hall
082 563 9515

Mens Vice Captain

Luke Plotts
076 328 3455

Administrator

Christine Raulstone
084 768 1490

Banking Details

Hillcrest Villagers
Standard Bank
Hillcrest
a/c: 052017230

Dear Villagers,

The mornings are getting lighter, and our runs no longer end in darkness. The last of the cold weather is hopefully past us and that fresh early-morning energy is back.

Comrades Launch 2026 – “Ska Fela Moya”

Yesterday marked the official launch of **Comrades 2026**, under the stirring slogan “**Ska Fela Moya**” translated as “**never give up.**” This phrase captures the very heart of what we as runners stand for: resilience, grit, and the resolve to push through when the body doubts. As we now step into another build-up phase, let that spirit inspire every training run, every hill, every moment you feel tired for the final push of the year.

Whilst September is a traditionally quieter month in terms of races, we had a truly standout moment this month with **Fikinkosi Zondi** breaking the club’s **8 km time-trial record** by running **25:34** at the September Mixed League TT. This is an exceptional new benchmark for all Villagers to aim toward, and a testament to form, dedication, and speed.

October brings forward our year end marathons to get an early qualifier for Two Oceans and Comrades 2026, with many villagers flying the flag at Cape Town Marathon as well as some others heading to Soweto Marathon and Kaapsehoop Marathon.

For those keeping it local, Our next club-catered event will be the **Sapphire Coast Marathon**, scheduled for **Sunday, 26 October 2025**. This event includes full marathon, half marathon, and 10 km distances, a great opportunity for many of us to compete together and enjoy a refreshment and snack after the run.

I’m pleased to announce that we have secured a new club kit supplier: **Anatomic** whom will ensure the quality of our running kit is enhanced.. They’ve already supplied us with new **Elite Racing Vests** (for all runners and not just our elites) as well as **updated and very cool peaks, and caps.**

After listening to lots of feedback, they have also designed us **new running shorts** that guarantee significantly improved comfort as well as a large zip pocket to store

all your gels or even your phone during your run. There are samples of these shorts at the club to try with an order arriving before Saphire Coast Marathon.

In addition to all the running, we **hosted two Springbok games on the big screen at the club** this month which was a resounding success with families celebrating the wins together. We will keep this going and host a few of the year end games during November.

Year-End Awards & Celebration – Save the Date – Saturday 29 November

Save the date for our **year-end awards and celebration**. This is our time to honour official champs, top performers, committee contributors, and share a memorable evening together. Please keep your calendars open, If you ask anyone who attended last year, this will be an event you won't want to miss.

See you on the road,

Steve Bure

Chairman – Hillcrest Villagers Athletics Club



Steve Bure Chairman



Rupert Sebire Vice Chairman

HAPPY BIRTHDAY OCTOBER

Gandy	Fran	01-Oct
Mohring	Jamie	01-Oct
Laubscher	Wynand	02-Oct
Mkhize	Themba	02-Oct
Khumalo	Sipho	09-Oct
Nel	Paige	09-Oct
Willis	Angela	09-Oct
Davidson	Gail	11-Oct
Maich	Matthew	13-Oct
Shozi	Gcina	14-Oct
Stow	Mandy	14-Oct
Angel	Saylor	16-Oct

Swales	Taryn	19-Oct
Cowan	Eva	20-Oct
Khomo	Qinisela	20-Oct
Swan	Bailey	20-Oct
de Brés	Marysa	22-Oct
Whitton	Colleen	25-Oct
Asquith	Liam	27-Oct
Ntshanga	Zoliswa	29-Oct
Van Staden	Kylie	29-Oct
Hitzeroth	Crayg	31-Oct

TRAIL RUNNING

05/10 KZN Trail Howick

19/10 KZN Trail Amatikulu

26/10 KZN Trail Balgowan/Mt Moreland

Enter on www.kzntrailrunning.co.za

UPCOMING OCTOBER

Saturday	04 5 With Your 4 Relay Series 5km Run/Walk
Saturday	04 Abaqulusi Marathon 42km/21km/
Sunday	05 Park Square 15km/10km
Sunday	05 Mkhambathini 10km
Saturday	11 Night Race 21km/10km
Sunday	12 Boxer Super Run 5km
Sunday	12 Ethekeini Township to Township 42km/21km
Saturday/Sunday 18-19	Gape Town Marathon
Sunday	19 Siyathuthuka 10km
Sunday	19 Gaterite Challenge 21km/10km
Sunday	26 Goss & Balfe Sapphire Coast Marathon 42km/21km

CONGRATULATIONS

SAPS Striders 06 September 21km

2nd Men Open Fikinosi Zondi

LADIES LEAGUE AT PDAC (Fulton School)



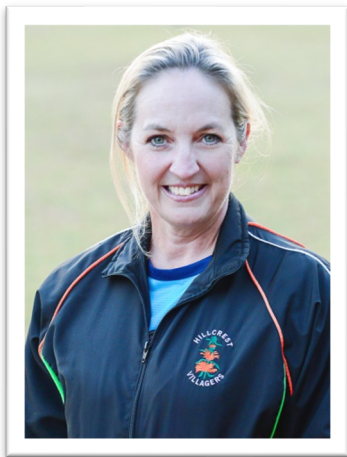
MIXED LEAGUE AT HVAC



ADVICE AND HELP FOR MEMBERS

Please do not feel shy to ask for some advice or help.

You are welcome to contact one of the following Committee members who will only be too happy to assist you:



LADIES CAPTAIN

Adi Weerheim
082 411 1646



MENS CAPTAIN

Dave Campbell-Hall
082 563 9515



LADIES V/CAPTAIN

Jayde Twiddy
0832354100



MENS VCAPTAIN

Luke Plotts
0763283455

PLEASE NOTE YOU NEED TO WEAR AGE CATEGORY TAGS FOR ALL RACES

HILLCREST VILLAGERS ON YOUR ENTRIES (NOT HVAC)

W - Walkers

J - Juniors

35 – 39

40 – 49

50 – 59

60 – 69

70 – 79



Hillcrest Results September

06 September: ASA Cross Country Champs Mpumalanga

Women 60-64

Christine Dlamini 7th

Girls U13

Bailey Swan 23rd

Jamie Eglington 116th

Boys U12

Matthew Wareing 53rd

Zack Bure 54th

Girls U10

Andie Swan 61st

Girls U9

Amber Eglington 109th



06 September: SAPS Striders 21km

<u>Position</u>	<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Race No</u>	<u>Gender</u>	<u>Licence No</u>	<u>Age</u>	<u>Age Category</u>
2	01:08:08	Fikinkosi	Zondi	17456	Male	1698	31	Senior
7	01:15:50	Jonathan	Edwards	18281	Male	14333	49	40-49
30	01:27:33	Jabulani Edward	Sisila	16747	Male	14324	45	40-49
54	01:36:35	Jannie	Horn	18316	Male	P1780	35	35-39
61	01:37:55	Rupert	Sebire	8999	Male	1769	55	50-59
62	01:37:57	Amanda	Nkomo	8979	Female	1651	34	Senior
87	01:42:04	Jenna	Von Mollendorff	18259	Female	1684	41	40-49
112	01:48:14	Luke	Plotts	18253	Male	1614	29	Senior
114	01:49:18	Loveness	Toringa	17415	Female	P1659	35	35-39
120	01:50:05	Caren	Mcnabb	17490	Female	1625	44	40-49
132	01:52:35	Stephen	Von Mollendorff	18261	Male	1683	42	40-49
135	01:53:27	Brandon	Rowe	18347	Male	1700	46	40-49
139	01:53:55	Frikkie	Nel	18250	Male	P14342	44	40-49
200	01:59:29	Elma	Grundlingh	18315	Female	1760	63	60+
219	02:02:40	Ursula	Herbert	18097	Female	1699	57	50-59
220	02:02:47	Melanie	Horwood	18324	Female	1764	43	40-49
281	02:09:52	Alan	Lamplough	18461	Male	1636	50	50-59
297	02:11:31	Fiona	Braithwaite	8737	Female	1779	46	40-49
344	02:17:52	Gail	Davidson	18244	Female	14327	50	50-59
361	02:19:10	Angela	Willis	16690	Female	1677	42	40-49
480	02:38:19	Jesse	Malton	18270	Female	1704	29	Senior
521	02:52:23	May	Greeff	17491	Female	P1647	51	50-59

06 September: SAPS Striders 10km Run

<u>Position</u>	<u>Time</u>	<u>Pace/km</u>	<u>First Name</u>	<u>Surname</u>	<u>Race No</u>	<u>Gender</u>	<u>Licence No</u>	<u>Age</u>	<u>Age Category</u>
10	00:36:00	03:36	Anele	Bhavini	366	Male	J41906	18	Junior
52	00:45:53	04:35	Hannah Michelle	Viljoen	589	Female	J41912	18	Junior
98	00:53:17	05:19	Madison	Head	522	Female	J41606	14	Junior
164	01:00:17	06:01	Chane	Kemp	768	Female	14343	34	35-39
178	01:02:03	06:12	Phumelele	Mdlalose	717	Female	P1747	45	40-49
181	01:02:18	06:13	Nomagugu	Ngwane	491	Female	P14359	31	Senior
302	01:18:36	07:51	Taryn	Swales	762	Female	1719	44	40-49
379	01:30:08	09:00	Julyette	Lewis	759	Female	1771	74	60+
380	01:30:11	09:01	Graham	Lewis	760	Male	1800	72	60+

06 September: SAPS Striders 10km Walk

<u>Position</u>	<u>Time</u>	<u>Pace/km</u>	<u>First Name</u>	<u>Surname</u>	<u>Race No</u>	<u>Gender</u>	<u>Licence No</u>	<u>Age</u>	<u>Age Category</u>
13	01:20:24	08:02	Elizabeth	Sneddon	2453	Female	P1644	65	60+
23	01:32:52	09:17	Cyndy	Mckeown	2449	Female	1608	78	60+



21 September: SAPS KZN Polmed 10km

Cynthia Smith Time 1.09

24 September: Ntenga Foundation Race 10km

Pos	Race No	Share	Name	Time	Category	Cat Pos	Gender	Gen Pos	Finish
28	1253		Nkanyiso ZUNGU	00:41:02	Open	14	Male	28	00:41:02
889	240		Siphindile GWALA	01:10:03	40-49	69	Female	230	01:10:03
1596	1033		Nonhlanhla QWABE	01:28:58	40-49	207	Female	736	01:28:58

28 September: South Coast 42km

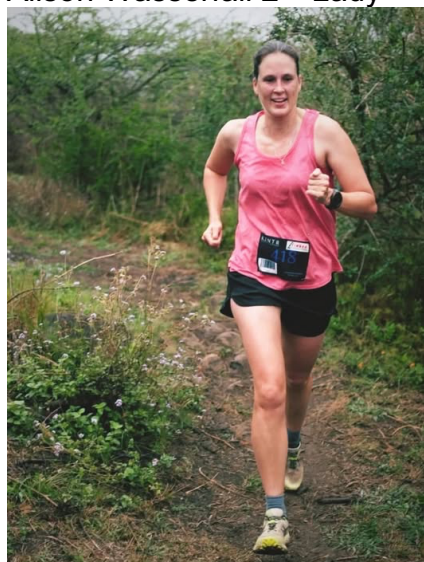
Pos	Race No	Name	Time	Gender	Gen Pos	Category	Cat Pos
17	47	Jannie HORN	03:07:04	Male	17	Open	7
38	73	Robyn MARE	03:45:17	Female	4	40-49	3
40	150	Alson NZAMA	03:49:05	Male	35	50-59	4
123	124	Babhekile NGCOBO	04:53:45	Female	17	40-49	12

28 September: South Coast 21km

Pos	Race No	Name	Time	Gender	Gen Pos	Category	Cat Pos
191	412	Jonathan SAMPSON	02:56:41	Male	125	40-49	42

14 September: KZN TRAIL Bisley

Alison Wasserfall 2nd Lady





A vibrant graphic announcing the Comrades Marathon race date. The background shows a large crowd of runners at a starting line. In the top left, there is a circular logo with a yellow border, a black center, and a white silhouette of a runner, with the words "COMRADES MARATHON" around it. To the right of the logo, the text "COMRADES MARATHON" is in white and "RACE DATE ANNOUNCEMENT" is in yellow, both on a black background. Below this, a large black banner with a yellow border contains the text "SUNDAY" in yellow and "14 JUNE 2026" in white. Below the banner, a yellow speech bubble with a black outline contains the text "Happy Training!" in a white script font. To the left of the speech bubble is a white megaphone with a black handle. The bottom of the graphic features the website "www.comrades.com" in yellow text on a black background. The entire graphic is decorated with yellow stars and white paper airplane icons.

COMRADES MARATHON
RACE DATE ANNOUNCEMENT

SUNDAY
14 JUNE 2026

Happy Training!

www.comrades.com